



# **An Inclusive Sports Club for Young Disabled People Between 13 and 25**

Awarded Club of the Year 2005 by London Sports Forum for Disabled People

# **Pace for PACE**

**PACE is a voluntary organisation promoting the inclusion of disabled young people in sports and leisure activities**



We are holding a 'PACE' around Southall Park on 6th September 2008, at midday, to raise money for our club. If you would like to join in or help, please contact Krishna on 07930 748280 or email [info@pacezone.org.uk](mailto:info@pacezone.org.uk).

[www.pacezone.org.uk](http://www.pacezone.org.uk)

**PACE do a range of inclusive sports, such as table-top games, basketball, volleyball, boccia, dodgeball, sailing and more.**

**PACE meets every 2<sup>nd</sup> and 4<sup>th</sup> Saturday in the month**

at

**Havelock Community Centre, Trubshaw Road**

**Southall, Middlesex, UB2 4XW**

**from 2pm to 4:30pm**

Walk, run, hop, jump or push 2000 metres around Southall Park on 6th September 2008 and raise money for PACE. Contact Krishna on 07930 748280 for a sponsorship form